

Grade: 2

Lesson Number: 17

Unit Name: Sohilā

Course: Bolī

Title: Sohilā III

Standards

Standard 8: Recitation of Sohilā

- Students recite Sohilā.

Objectives

1. Students review when Sohilā is typically recited.
2. Students learn recitation of last two sabads of Sohilā.

Prerequisites

- Lessons I and II in the four-part series on Sohilā.

Materials

- Copies of Audio of Sohilā (CD provided; Track 16-18)
- Singh, Tarlochan, et. Al. *The Sacred Writings of the Sikhs*. UNESCO Collection of Representative Works. Orient Longman, New Delhi: 1960, 2000.
- Class CD player
- 3-4 CD players with headphones (enough for maybe half of your class)
- Nitnem Pothīs printed by Sikh Missionary College (these have accurate pauses between words that will help with better learning for children)

Advanced Preparation

- Teacher should have Sohilā memorized and understand its meanings; use www.gurugranthdarpan.com as your reference.
- Make multiple copies of Sohilā for children.

Engagement (15-20 minutes)

5-10 min

- As soon as children come into class, ask them to put on the Sohilā CD and their headphones and try to say the Sohilā with the CD.
- Those who don't get a chance to have a tape deck should get into a group and recite Sohilā out to each other.

5-10 min

- Review when Sohilā is done and what the first three sabads are about.
- Focus on what children remember about Ārtī and collect their paragraphs in reference to how they felt when doing Sohilā under the stars.
- Then tell the children that they will together learn the last two sabads.

Exploration (35 minutes)

- Give the pothīs to all the children.

- Most of them will be able to read the text with you.
- Explain the sabads to the children.
- Slowly read one line at a time and have the children repeat after you.
- Read and repeat each line twice.
- Once you are done reading the entire sabad have children read it with you one more time.
- Play the CD with the fourth Sabad for the entire class and have them follow along.
- Repeat the procedure with the fifth sabad.

Explanation/Extension (5-10 minutes)

- Again remind children to recite Sohilā before they go to bed.
- Tell them to try to think about what the shabad is talking about.
- Have them memorize the entire Sohilā for the next class.

Evaluation (Ongoing)

- Pay special attention to children's progression of memorization and understanding of Sohilā over the last three classes.
- Have children review the last two sabads and have it memorized to the best of their ability at home.