

**Grade: 2**

**Lesson Number: 5**

**Unit Name: Pañjāb Maps**

**Course: Virṣā**

**Title: "Geographical Knowledge: Regions and Rivers**

### **Standards**

#### **Standard 3: Geographical Knowledge: Regions & Rivers**

- Students locate and name the rivers and regions of Pañjāb.
  - *Students will label and identify the five rivers and regions of historic Pañjāb.*

### **Objectives**

1. Children are introduced to regions of West Pañjāb (today's Pākistānī side) and to the rivers of historic Pañjāb.

### **Prerequisites**

- This is the second lesson in a series on geographical knowledge of East and West Pañjāb.
- This lesson will follow the lesson on Districts of Pañjāb in Indiā.

### **Materials**

- Attached maps
- Big blank map of Pañjāb with district borders
- Small blank map for each child
- Pictures of regions in Pākistān
- Pictures of the river
- Dry-erase board/markers
- Colored Pencils

### **Advanced Preparation**

- Have pictures ready for children to show them as you go through the regions and the rivers.
- Have maps on the wall.
- Create your own word-scramble for regions and rivers.

### **Engagement (15-20 minutes)**

- As a quick review, have children give you the name of the 17 districts as you write them on the board.
- Give each child a blank map with district borders and give children 5-10 minutes to fill it out. Have them write their name on it and collect in at the end.
- Have them share with you things they remember about the districts pertaining to Sikh history.
- Then, together as a group, review the districts by writing them on the big blank map.
- Ask children to use a different colored pencil to make corrections on their individual maps.

- After you are done with the districts ask children to remind you where more of Pañjāb is. Hopefully they will be able to remember and say, “Pākistān.”

### **Exploration (35 minutes)**

- Tell children that today they will learn about the regions in Pañjāb of Pākistān. First remind them that Pākistān is broken down into provinces and then the provinces are broken down into regions.
- West Pañjāb has eight regions.
- Say the name of one region at a time: Bahāvalpur, Faisalābād, Ḍerā Ghāzī Khān, Gujrāmvalā, Lahaur, Multān, Rāwalpindī, Sargodhā (ਬਹਾਵਲਪੁਰ, ਫੈਸਲਾਬਾਦ, ਡੇਰਾ ਗ਼ਾਜ਼ੀ ਖ਼ਾਂ, ਗੁਜਰਾਂਵਾਲਾ, ਲਾਹੌਰ, ਮੁਲਤਾਨ, ਰਾਵਲਪਿੰਡੀ, ਸਰਗੋਧਾ)
  - Have children repeat after you.
  - Write the name on the board.
  - Point the city out on the map.
  - Have children label it on a blank map.
  - Show pictures if you have any available. (depending on time, show them later)
- Once you and the children have the eight regions labeled, move to the rivers.
- Go over what ‘Pañj-āb’ means. Try to let the children tell you, but if they can not, just tell them – do not spend too much time on it.
- Write the name of the five rivers on the board: Jhelam, Jhanām/Cināb, Rāvī, Satluj, Biās (ਝੇਲਮ, ਝਨਾਂ/ਚਿਨਾਬ, ਰਾਵੀ, ਸਤਲੁਜ, ਬਿਆਸ)
- Have children repeat them after you.
- Show them where they run to and from. (if you want you can give them each a copy of the map so its easier for them to see the rivers)

### **Explanation/Extension (5-10 minutes)**

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- With the children go over the eight regions and the rivers again.
- Discuss with children the importance of understanding Pañjāb and the area around it. Tap into lessons on family history focusing further on the importance of Sikh history, telling children that in other grades they will learn more about Pañjāb through the lives of the Gurūs.

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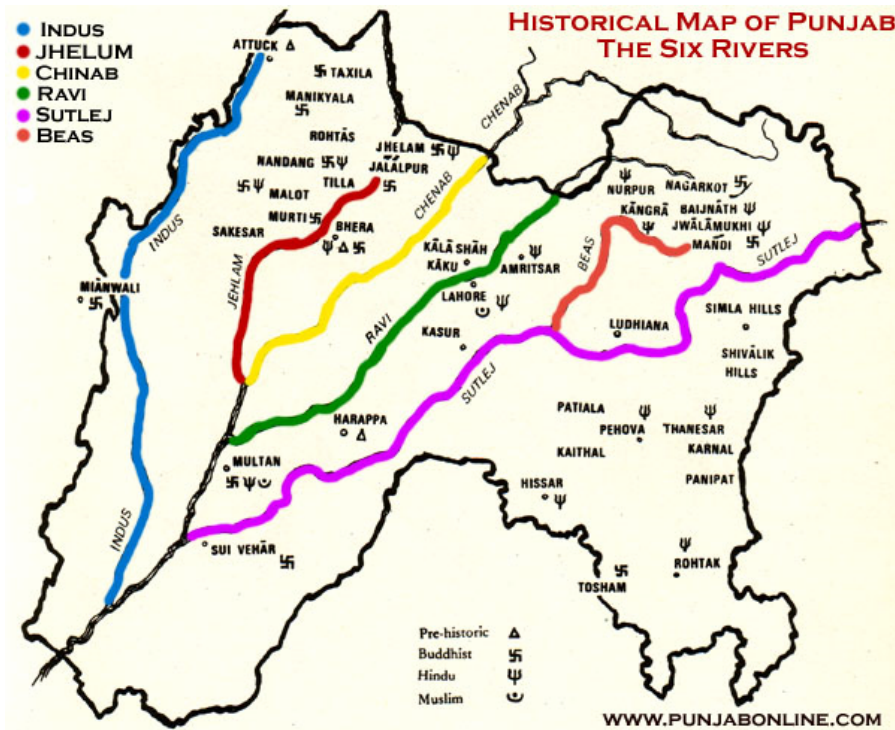
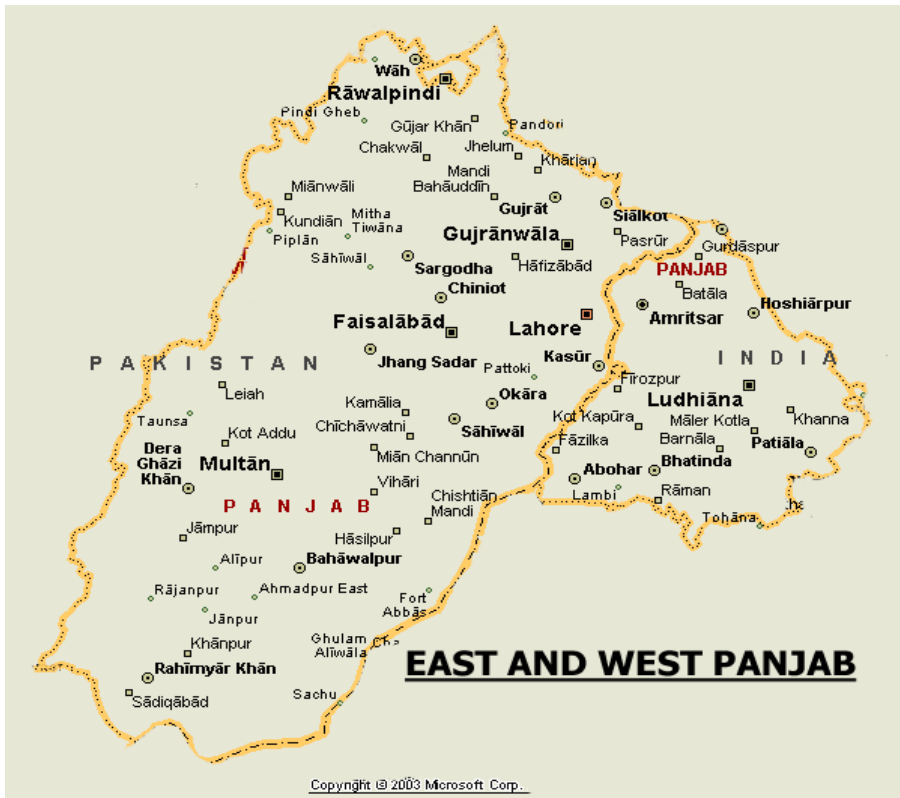
### **Evaluation (On-going) ”**

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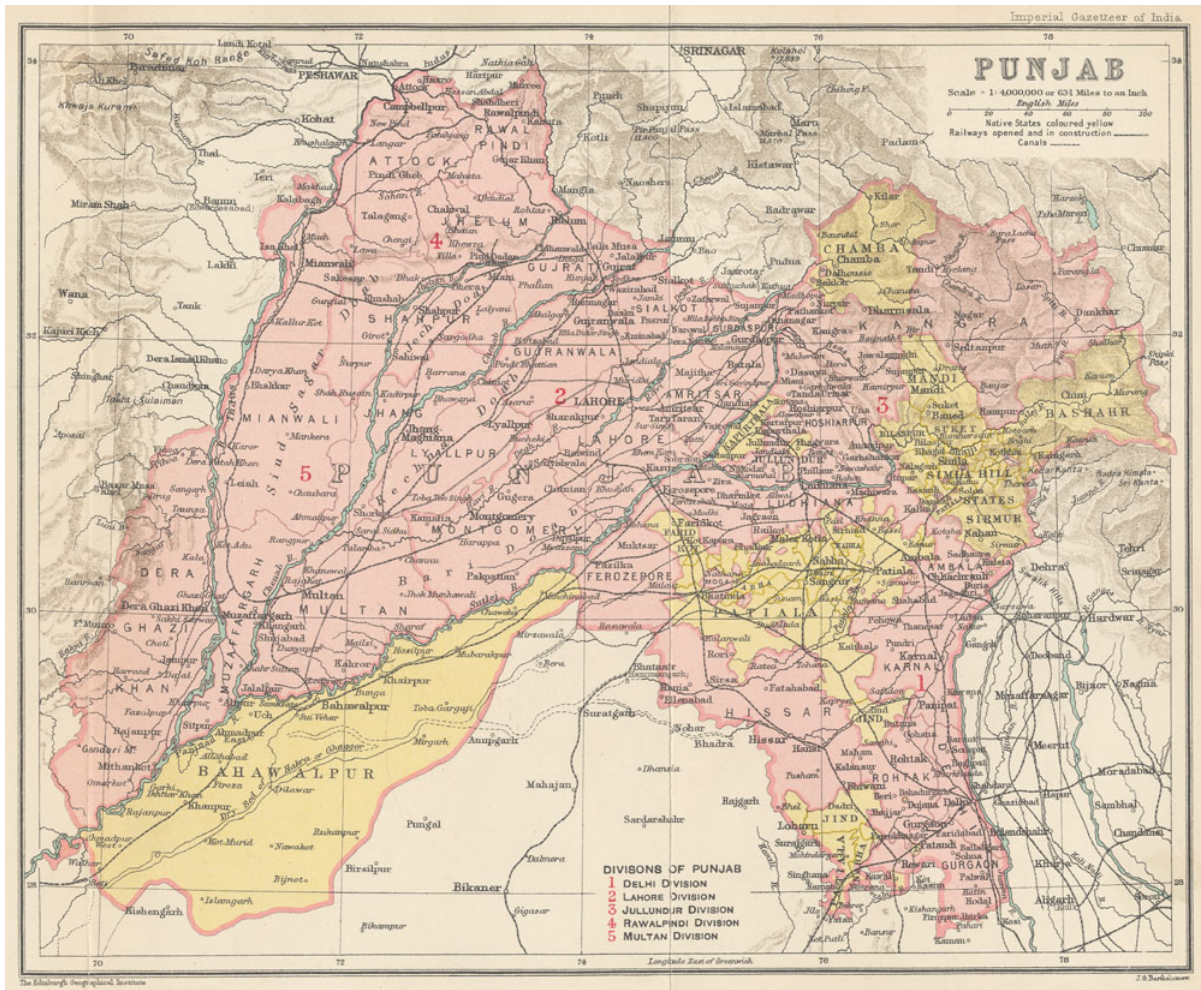
- Check to see if children can remember the rivers and the regions in the next class.

## Teacher Resources

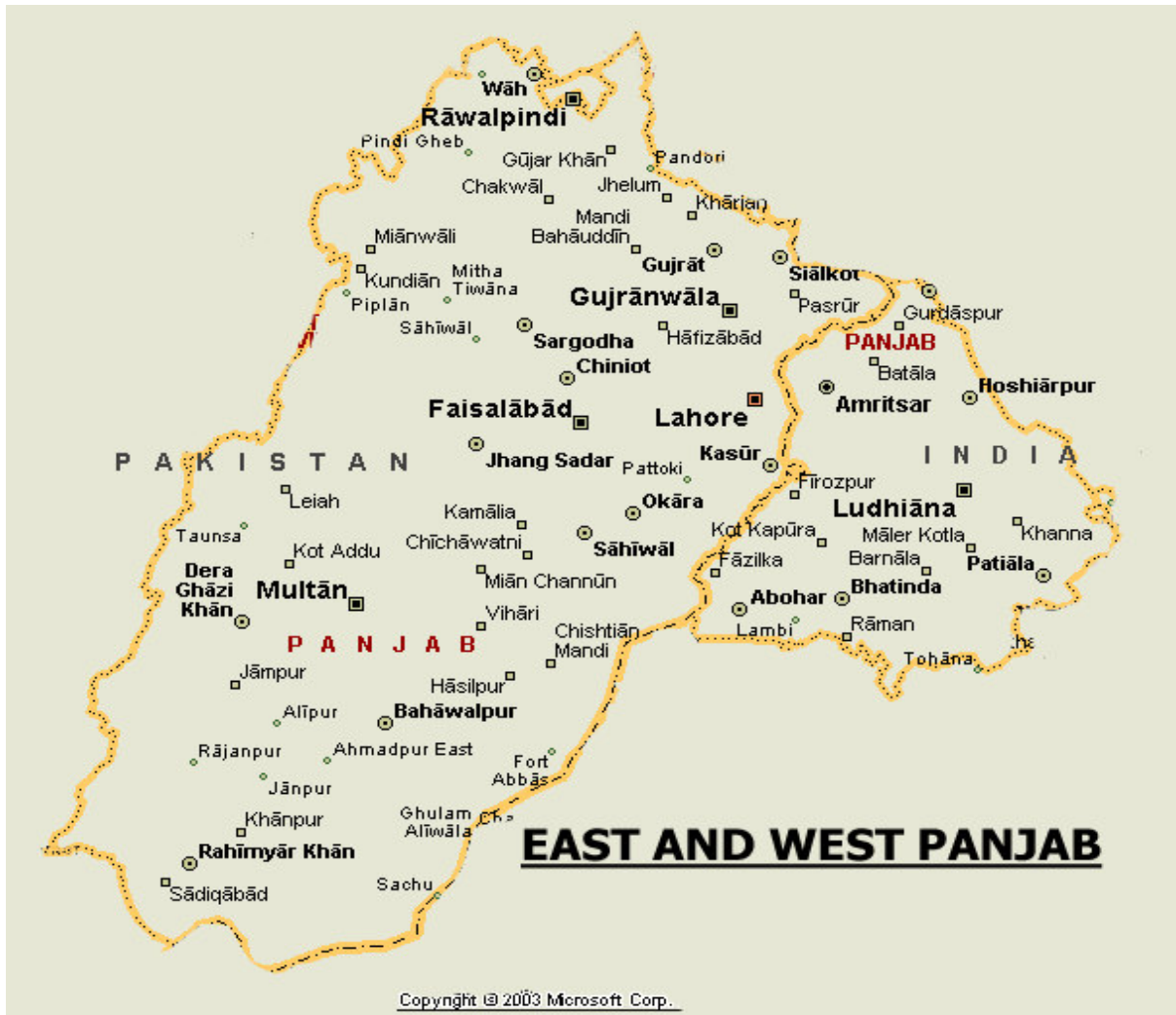
### Current East & West Pañjāb



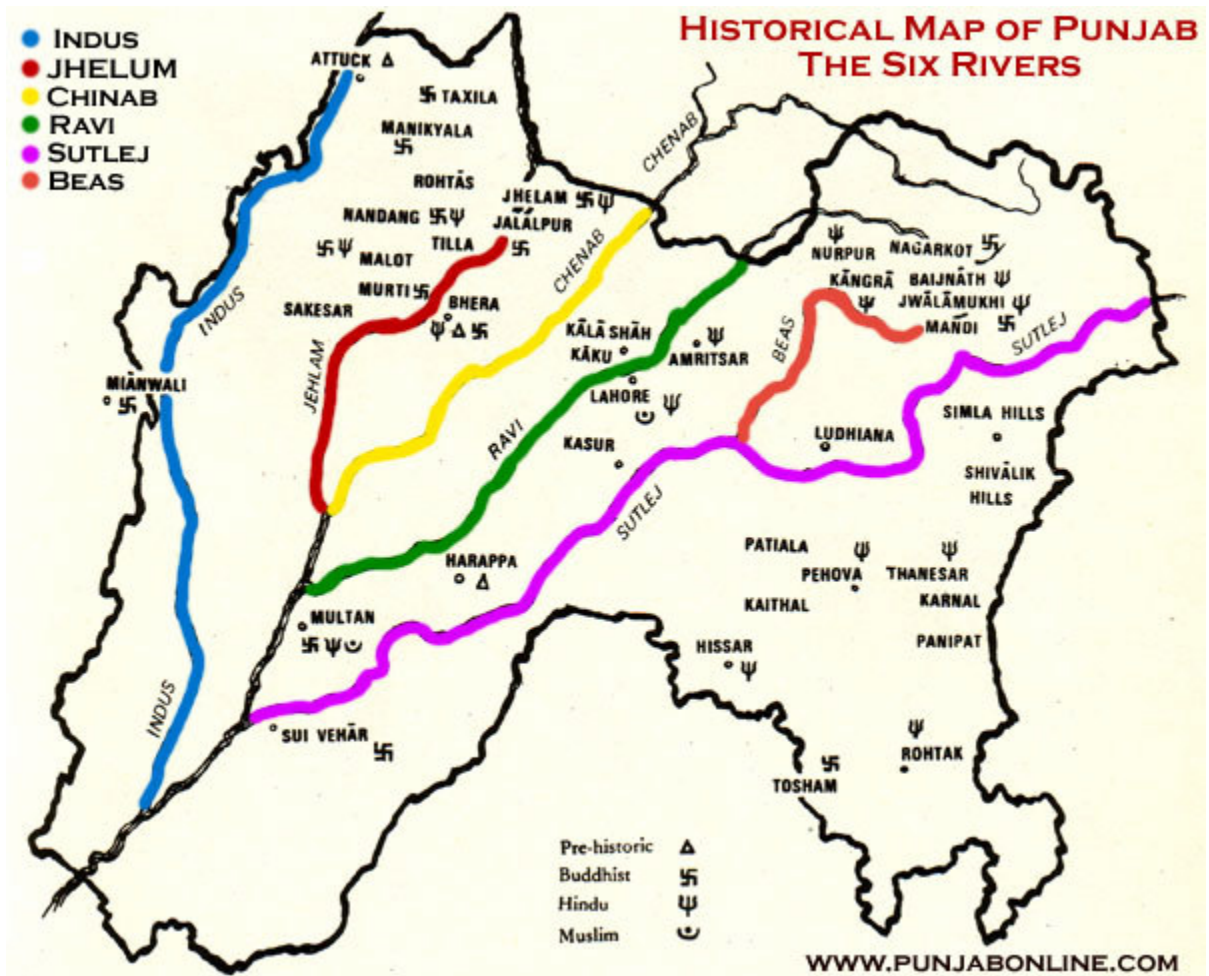
## The Pañjāb



## Current East & West Pañjāb







## The Panjāb

