

### Synopsis of Gurū Nānak's Life:

Gurū Nānak was born in the village of Talvandī (ਤਲਵੰਡੀ) in 1469 to Mahtā Kālū (ਮਹਤਾ ਕਾਲੂ) and Mātā Triptā (ਮਾਤਾ ਤ੍ਰਿਪਤਾ). Gurū Nānak was named Nānak after his sister Nānakī. Gurū Nānak was a very gifted and intelligent child. Young Nānak was so smart that all his teachers taught him everything they could possibly pass on and felt there was nothing left to offer him. He loved to play outside with his friends. Whenever the children grew tired from playing, his mother would bring treats for Nānak who graciously shared them with his friends. As Nānak grew older, his father became concerned that Nānak was too idle as his main responsibility was to care for the cattle. He would take them into the meadow each morning and bring them back home in the evenings. At this time Gurū Nānak had started to spend more and more time in the forests enjoying nature and singing the praises of Vāhigurū (ਵਾਹਗੁਰੂ). Gurū Nānak's father, Mahtā Kālū became annoyed and feared that their son would not be successful in life. He thought that perhaps if Gurū Nānak was married he would take life more "seriously." He ended up getting married and still continued to love nature and work towards his life mission which was to spread the word of Vāhigurū. He made four long, incredible journeys all over Asia.

### Picture examples for activity

